



#staysafe #stayhome #staywithGskOnTap

MAKE THE MOST OF THE OPTIONS AVAILABLE TO YOU

Hi {Member Name}

By now you've probably made peace with the fact that lockdown isn't going away anytime soon. Until things improve, we're in it for the long-haul. Focusing on the positives, and making the most of your options and what you've got, can make your life so much easier.

GSK OnTap is constantly looking for ways to help you to get what you need, live smartly and make the most of your time.

Our latest lockdown survival guide includes information on:

- Ordering ready-made meals
- Getting essential goods delivered to your door
- Support with home-schooling
- Accessing free yoga classes
- Advice about managing your time
- Inspiration for activities and entertainment

We're online and ready to help, so chat to us if you need help with anything.

- Use the live chat function on our **website**
- Send an email to **info@gskontap.co.za**
- Or call us on 0861 222 779

If you have any questions or need any help at all, chat to us using the live WebChat feature, call us on 0861 222 779 or send an email to **info@gskontap.co.za**