

#67WaysToMakeaDifference

Give a free cup of coffee to the car guard with Yell for Yellow.	https://www.yellforyellow.co.za/coffee
Pay the grocery bill of the person standing behind you in the queue.	
Give a takeaway meal to a homeless person. Knit a blanket for the needy.	https://www.yellforyellow.co.za/dining
Run for a cause: Justice League Virtual Run.	https://justiceleagueseries.co.za/buy-tickets/
Drop off energy drinks at a hospital for health workers.	Concierge service can help deliver / Or the PA service can help organise courier
Drop off pet food and blankets at an animal shelter.	Concierge service can help deliver / Or the PA service can help organise courier
Use the 2-4-1 dining benefit to purchase two meals and offer the second meal to someone in need.	https://www.yellforyellow.co.za/dining
Spend time learning about other cultures to better understand the struggles people face and show solidarity with important movements	
Read self-help books to boost self-esteem and to help you achieve your goals.	
Treat every woman as if they were your mother, sister, wife or girlfriend.	
Select a young person to mentor – some motivation and a nudge in the right direction may be all they need to be the best they can be.	
Purchase 67 cans of food and hand them out to the homeless people standing at intersections.	
Volunteer at a soup kitchen or create your own movement to feed those in need and affected by the pandemic.	
Start a trust fund for a complete stranger and help someone pay for their education/rent/drivers' licence – basically, assistance with anything that would help them to kick-start their life	
Learn a new South African language and communicate to someone in their mother tongue.	
Create a debit order of at least 2% of your income to go towards charitable organisations.	
Be kind to strangers. You don't know what they are going through. A little kindness goes a long way.	
Lead by example and be the change you wish to see in the world.	
Volunteer to offer your expertise free-of-charge at least once a year	
Take the time to thank 67 people around you who have changed your life – from the tea lady at work to your parents, show the people in your life some appreciation	
Plant 67 vegetable seeds in your garden outside your gate or inside your complex for those in need of food	https://livingseed.co.za/
Offer a bundle of wood and a box of matches to the homeless to keep warm for a day.	
Beautify a school by donating paint and offering to paint the walls.	
Keep the elderly company by spending an hour at an old age home.	
Switch off the TV and talk to your children about starting a family charity – something you can all fund-raise toward that is important to all of you.	If you register it at www.startsomethingday.co.za , you could win money for the cause.
Tip petrol attendants or cashiers with your spare change.	
Start a sanitary towel drive for a school in need.	
Get a My School card and register a rural school as the beneficiary.	www.myschool.co.za or call 0860 100 445
Donate blood: Find your nearest fixed donor site to donate blood.	www.sanbs.co.za
Donate books to your local library.	
Pick up and drop off groceries or medicine for an elderly person.	
Bake cookies and take them to a police station for the police officers.	
Once social distancing is a thing of the past, hug a gran: spend some time with the elderly in your community	
Share 67 words of how lockdown has helped you spend time with your family.	
Donate used clothing to shelters and children's homes	
Spend 67 minutes reading to your kids or family members	
Nominate 67 people in your organisation who could benefit from Yell for Yellow.	
Share 67 ways our programme has helped you.	
Offer 67 minutes of your time to assist somebody, either virtually or through Yell for Yellow	https://www.yellforyellow.co.za/Contactus
Donate 67 soccer balls to a children's home	
Feed 67 unfortunate people this Mandela Day for only R67.	https://foodforwardsa.org/donate-2/
Commit to sorting your waste at source to make life easier for the informal recyclers who rummage through the garbage.	
Donate 67 care packages for a children's home, (i.e. tooth brush, tooth paste, moisturiser, Vaseline, soap, face cloth, etc.)	
Meditate for 67 minutes a day in Mandela Month.	

Help a friend or work colleague to learn something different. E.g. how to use Excel, Microsoft Teams, or teach them the basics of baking.	
Place a money box in a community centre to collect small change for a local soup kitchen.	
Support a good cause: Sparrow Schools is an NPO that educates children with learning difficulties and places them in a tertiary program to develop skills, such as floor laying and catering, so that they are employable.	Call them on 011 673 4410
Find unused prams and baby cots and donate them to an infant home.	Concierge service can help deliver / Or the PA service can help organise courier
Buy a bangle and support container libraries.	http://www.46664bangles.com/website/content/index.php
Sign up at an old age home to read the newspaper or play an instrument to the elderly, once a month for the next year.	
Add extra hygiene products to your shopping list and drop off packs, with a personalised message on each, to a women's shelter.	www.onesocietyinitiative.org.za
Sign up with a Saturday school and offer an afternoon in a month to improve the marks of underprivileged matrics.	
Provide back-up support for volunteer workers by serving tea or preparing food packs on a monthly basis.	
Volunteer at the SPCA. Help with kennel duties and assist with administrative functions.	https://nspca.co.za/
Offer to drive someone to have an HIV test and provide them with emotional support.	
Sign up with Generation Earth and help your child start a 'Gen Earth' committee at their school to carry out green projects and educating their peers on environmental issues.	www.generationearth.co.za
Read out aloud Nelson Mandela's life history to inspire your children.	https://bit.ly/3iJB90Z
Pick up 67 pieces of litter.	
Drop off scrapbooking supplies and scraps of fabric at a retirement home for use in creating crafts for end-of year markets.	
Download the Sassi card to check that the fish you order in a restaurant is not endangered.	www.wvfsassi.co.za
Redeem points earned on a shopper's card for gift vouchers for your domestic worker to take home.	
Make a point of meeting all your neighbours, and set up a WhatsApp group for reporting suspicious activity directly between each other.	
Donate non-perishable food, toiletries and cleaning equipment to the Jacaranda Children's Home. You can also pledge money via SMS.	www.jacarandachildren.co.za or 012 800 4700
Sign up as an organ donor – your body can save up to seven lives and many more with tissues like heart valves.	www.odf.org.za
Sign up for the 94.7 and garner support for a charity of your choice.	Use https://www.givengain.com/e/947cyclechallenge2019/fundraisers to manage the pledges and offer your supporters transparency.
Visit Back a Buddy and sign up to follow a cause. Better still, begin a new one and get fund-raising.	https://www.backabuddy.co.za/
Get inspired with Give Back.	https://www.forgood.co.za/